



Deadline for the *Journey* is **Thursday, October 27**, at Noon publisher@fcc-hsv.org

TWENTY TIPS FOR HELPING HURTING PEOPLE

I found this brief article in a seminary journal. It is quick and to the point, and I believe quite helpful as a reference for compassionate and caring people who want to help friends and relatives in times of loss or sorrow. Use the ones you feel comfortable with and never again say, "I would have helped but ..."

BE THERE over and over again, standing alongside quietly or actively, even after the crisis is over.

SUGGEST professional help at any time.

LISTEN with your heart and your ears. Let your hurting friend talk and talk and talk.

GIVE a ready hug any time.

PRAY often with and for your friend.

SHARE Bible verses if that's appropriate. Be sensitive though; it's not helpful to be "preachy."

SAY, "I LOVE YOU!" more than once.

SHARE any resources you have: your time, your money, your jacuzzi, your taxi service.

TAKE OVER a flower, a short healing type of book, some fruit, a casserole, a crock of soup.

WRITE a note, send a card, or call.

OFFER to clean house, cook a meal, iron, or baby sit.

INVITE your friend to your home for a meal. Go out for lunch or share a cup of coffee and laugh together.

GIVE advice sparingly and generally only when it's solicited. Don't be disappointed if it's not followed right away, or at all. It's appreciated either way.

LET your friend cry. It's okay for you to cry, too.

BE INFORMED as much as you can about your friend's problem. For example, read all you can about alcohol and drug abuse.

TAKE it seriously if your friend mentions suicide. Don't be afraid to suggest professional help at this point.

REFRAIN from giving too many examples of other friends with similar problems.

SAY, "I'M SORRY," but don't say: "I understand," unless you've traveled the same or very similar road.

REACH OUT in any way you feel comfortable.

DO SOMETHING!

Being a friend with compassion and a caring attitude isn't easy, but everyone goes through difficult times and needs some loving support. I hope this can help.

See You Sunday,

Pastor Cameron

SUNDAY, OCTOBER 30

Old Testament Habakkuk 1:1-4, 2:1-4
Epistle Thessalonians 1:1-4, 11-12 4:6-8, 16-18
Sermon Text Luke 19:1-10
Sermon "Up A Tree With Zacchaeus"

SERVING AT THE TABLE

8:15 Bob Senn & Nancy Waites
10:30 Dale Thomas & Jeff Seward

COMMUNION PREPARATION

Nancy Woodall

SERVING COMMUNION

8:15 Eddie & Valerie Parks
Rick & Kay Shrout
10:30 Mary Ann Anderson & Beverly Cannon
Jan Mackenzie & Nancy Woodall

COFFEE FELLOWSHIP

Diane Douglas

SUNDAY'S FOOD BASKET is Open

SUNDAY'S FLOWERS are Open

FLOWER ARRANGEMENT

Lee McCombs

CHILDREN WORSHIP & WONDER

Bible story and songs

YOUNG DISCIPLES

(Meets 2nd & 4th Sundays)

ATTENDANCE	10/16	10/23
First Service Worship	50	39
Sunday School	43	42
Second Service Worship	106	100
Children's Church	6	NA
Young Disciples	NA	NA
Total Worship	162	139

YEAR TO DATE GIVING STATEMENTS

Year to date Giving Statements are available in the Narthex on Sunday, and in the church office during the week, for the next two weeks. Please contact the office at 256-881-0150 if you would like your statement mailed to you.

CWM, THE NEAVES-DAVIS CENTER, AND YOU

The October CWM project is financial support for the Neaves-Davis Center (also known as the D-Home). The Center opened many years ago when a group of citizens (including former FCC member, Nancy Erskine) were concerned that youth in legal trouble were housed in the adult jail; a juvenile center was then built. Funds are used to purchase items such as books for the Center's library, educational games, equipment for the gymnasium, and computer programs. The average age of the 20 children typically in the Center is 15 ½ with an average stay of 17 days. Our monetary donations can help provide positive activities for the teens and expose them to alternate ways to spend their time. This is a program that is often neglected in our community and where we can make a difference.

To give, write "Neaves Center" in the note/memo line of your check and turn in to the office or place in the offering bowl. To give using PayPal, go to our website www.fcc-hsv.org and scroll to the bottom of the page and click on "How to Give" under "Learn More About First Christian Church Huntsville." Scroll down and click on Donate. Type in "Neaves Center" in the "Purpose" box and follow the directions.

GRATEFUL LIFE NEEDS

Community Outreach service project for October is in support of Grateful Life Community Church. The collection is for hygiene products, socks, and Depends (size L and XL). Small sizes of toiletry items, such as those from hotels, are perfect since individuals may not have access to storage. Some suggested items are: razors, soap, shampoo, deodorant, foot powder or cream, tooth paste, floss, tooth brush, combs, and lotion or cream. If you prefer to donate money, please make check to FCC and note for Grateful Life. Needed purchases will be made for you.

Grateful Life provides ministry, over-the-counter medicines, food, clothing, and toiletries to those in need. They serve over 100 people each week that live on the streets or in local shelters. Thank you for your supporting this community in need.



NOVEMBER BIRTHDAYS

1	Cindy Allen
2	Judy Chaney
4	Debra Chandler, Rebecca Kresna
5	Melinda Blackman, Carrie Lewis
9	Vonda Dihm, Gary Wright
10	Kelsi Shroust Green, Phyllis Nicaise, Diane Pettitt, Sunni Thompson
11	Sabrina Beckman, Dinah Love
12	Riley Beckman
14	Morgan Qualls
17	John Jordan
18	Ashlyn Johnson
20	Mack Blackman, David Browning
21	Jo Jo Sanders
22	Rob Williams
24	Steve Brown, Chet May
25	Ann Thompson
26	Theresa Killough
27	Katherine Boles
28	Dottie Dale Hughes, Marilyn Martin
29	Jim Daniel, Emil Luft, Rick Shroust, Jena Wright

CALLING ALL BAKERS!

The Bake Sale is back! All proceeds will benefit FCC, with 10% going to the Region. Please bake and have your items here on November 18. Deliveries will be accepted from 4:00 until 8:00 pm in Family Services. The sale is November 19 from 9:00 am until 12:00 pm. A Silent Auction will be running at the same time. Hope to see everyone there. You can pick up flyers to help us advertise and sign up to volunteer in the Commons Area.



SUNDAY, OCTOBER 30 (4-6 PM)

On Sunday night, October 30, from 4:00-6:00 pm, we are opening our parking lot and our trunks to the families in our church, our ECM, and community for a fun filled evening of "Trunk or Treat!"

At Trunk or Treats events, children make their way to the trunks of vehicles that have been turned into games and activities by gracious volunteers and are given prizes & candy. The event provides a safe family environment for trick or treaters.

We need folks to sign up to provide and be responsible for a trunk. To be "responsible for a trunk" means that you will provide everything necessary to host your particular trunk. Decorating trunks is highly encouraged and some folks like to have games incorporated into their trunks. We ask that participants not use scary items in decorating. Dress in costume (no scary or risqué costumes, please) and invite your friends and neighbors.

We also need folks to donate candy for this event. Please bring bags of individually wrapped candy by Sunday morning on October 30.

This is a great outreach event for the community of Huntsville!

Please sign up to provide your trunk for the event in the church office (256) 881-0150 or contact Pastor Laura. (laura@fcc-hsv.org)

MISSION FAMILY 2 SOUP LUNCHEON

On October 30th, Roger Sameck will present the results of the senior minister search survey in the sanctuary immediately after second service.

Following this short presentation, our Mission Family will go to the Family Services Room for fellowship and food provided by the leadership team. Please plan to join us for our Fall fellowship and enjoy white chicken chili, tortellini soup, and Brunswick stew with fruit and dessert! We look forward to seeing you on the 30th.



NEW SUNDAY SCHOOL STUDY

Growing Christians: Meets downstairs in Room 204. This diverse group is currently viewing the video series, "Walk as Jesus Walked". This series examines the fierce passion of the apostle Paul and our early Christian brothers and sisters as Ray Vander Laan leads us through cities such as Aphrodisias, Antioch Pisidia, Lystra, and Cappadocia in ancient Asia Minor. Please join us for this study.

RENOVATION (BUILDING) PROGRAM INFORMATION

The six small meetings on the renovation program have concluded. However, if you were not able to attend one of them and have unanswered questions, I am very happy to answer them by phone (256) 881-6327, on-line (bnsenn@aol.com), or meet you in your home. The presentation lasts about an hour. Please feel free to contact me. I want to be sure that all questions are answered before the congregation meets to make a decision on how we will proceed.



Bob Senn,
Renovation Committee Chair

The 2016 sign up charts for FLOWERS & FOOD BASKETS are located across the hall from McMains Hall. Remember a friend, anniversary, birthday, or other special occasion. Donations are \$25.00 with checks made out to First Christian Church and Flowers or Food Basket on the notation line.



LONG TERM PRAYER CONCERNS



Please remember to keep the following individuals in your prayers.

- Jan Brockway
Steve Brown
John & Mary Dorough
Mickey & Paula Guthrie, friends of Lisa Fitzgerald
Maranda Wood Holley
Carey Link, friend of Margaret Vann
Tom Paul, son of Doris Paul
Jason Price, father of nursery attendant Alicia Price
Mona Qualls
Sara Stubblefield
Mack Vann
Ron Volinski
Jay Wright, father of Holly Ahlbin

Long term prayer concerns are published once a month in the Journey. Please keep the church office informed of the status of individuals you put on the lists.

FEED THE HUNGRY on the Salvation Army soup kitchen. One or two servers and a driver are needed each month to deliver meals to three locations in Huntsville on the third Tuesday of each month. The time commitment is 5:15 departing the Salvation Army mission on Seminole Drive until approximately 6:45. A sign up sheet is on the Community Outreach bulletin board across from McMains Hall. Please consider helping. Talk to Jeff Seward for more information.

